S^D Associates LLC

Behavioral Services Assessment, Consultation, Training and Direct Service PO Box 150, St. Albans, VT 05478 ~ www.sdplus.org ~ (802) 662-7831 ~ fax (802) 662-7834

What to Do if You're Injured at Work

Steps:

- 1. Report the injury to your supervisor, program manager and / or Human Resources.
- 2. If injury is first aid only:
 - a. Fill out injury report
 - b. Send email to HR (sdhumanresources@sdplus.org) and sirf@sdplus.org.
- 3. If injury requires medical attention:
 - a. Fill out injury report
 - b. Go to one of the urgent care centers listed below
 - c. Send email to HR (sdhumanresources@sdplus.org) with injury report and all documentation received from urgent care.

Below is the preferred list of urgent care locations.

Make sure to tell them that you are an S^D Associates employee and it is a work injury.

Clear Choice MD

1200 Williston Rd South Burlington, VT 05403 T: (802) 448-8205

Clear Choice MD

62 Merchants Row Williston, VT 05495 T: (802) 307-1200

Clear Choice MD

798 US RT 302 Berlin, VT 05641 T: (802) 744-0138

Clear Choice MD

410 Miracle Mile Lebanon, NH 03766 T: (603) 276-3261